PROMIS® Physical Function

T-SCORES:

25 30 **35** 40 45 **50*** 55

Are you able to do chores such as vacuuming or yard work? PFA11

unable to do | with much difficulty | with some difficulty | with a little difficulty | without any difficulty

Are you able to go up and down stairs at a normal pace? PFA21

unable to do | w/much | with some difficulty | with a little difficulty | without any difficulty

Are you able to go for a walk of at least 15 minutes? PFA23

unable to do | w/much difficulty | with some difficulty | with a little difficulty | without any difficulty

Are you able to run errands and shop? PFA53

unable to do | with much difficulty | with some difficulty | with a little difficulty | without any difficulty

Does your health now limit you in doing two hours of physical labor? PFC12

cannot do | quite a lot | somewhat | very little | not at all

Does your health now limit you in doing moderate work around the house like vacuuming, sweeping floors or carrying in groceries? PFB1

cannot do | quite a lot | somewhat | very little | not at all

Does your health now limit you in lifting or carrying groceries? PFA5

cannot do | quite a lot | somewhat | very little | not at all

Does your health now limit you in doing heavy work around the house like scrubbing floors, or lifting or moving heavy furniture? PFA4

cannot do | quite a lot | somewhat | very little | not at all

PROMIS Physical Function v2.0 Short Form 8b

*A score of 50 = mean of General Population Reference Sample