# PROMIS® Pediatric Upper Extremity

T-SCORES:

15 20 25 30 35 40 45 50*

I could button my shirt or pants. 3880R2r

not able to do | w/a lot of trouble | w/some trouble | with/a little trouble

I could open a jar by myself. 2671R1r

not able to do | w/a lot of trouble | with/a little trouble | w/no trouble

I could open the rings in school binders. 4143R1r

not able to do | with/a little trouble | w/no trouble

I could pour a drink from a full pitcher. 4112R1r

not able to do | w/a lot of trouble | with/a little trouble | w/no trouble

I could pull a shirt on over my head by myself. 3881R1r

not able to do | w/a lot of trouble | w/some trouble | with/a little trouble

I could pull open heavy doors. 4130R1r

not able to do | w/some trouble | with/a little trouble | w/no trouble

I could put on my shoes by myself. 2657bR1r

w/a lot of trouble | with/a little trouble | w/no trouble

I could use a key to unlock a door. 4109R1r

not able to do | w/some trouble | with/a little trouble | w/no trouble

PROMIS Pediatric Upper Extremity v2.0 Short Form 8a

*A score of 50 = mean of General Population Reference Sample