

PROMIS® Anxiety

T-Scores:

40

45

50*

55

60

65

70

75

80

I felt fearful

EDANX01

never

rarely

sometimes

often

always

I found it hard to focus on anything other than my anxiety

EDANX40

never

rarely

sometimes

often

always

My worries overwhelmed me

EDANX41

never

rarely

sometimes

often

always

I felt uneasy

EDANX53

never

rarely

sometimes

often

always

I felt nervous

EDANX46

never

rarely

sometimes

often

always

I felt like I needed help for my anxiety

EDANX07

never

rarely

sometimes

often

always

I felt anxious

EDANX05

never

rarely

sometimes

often

always

I felt tense

EDANX54

never

rarely

sometimes

often

always