

STIGMA

SCORING MANUAL

A brief guide to scoring the PROMIS® Stigma instruments:

PEDIATRIC	PARENT PROXY
PROMIS Pediatric Bank v1.1 – Stigma	PROMIS Parent Proxy Bank v1.0 – Stigma
PROMIS Pediatric Short Form v1.1 – Stigma 8a	PROMIS Parent Proxy Short Form v1.0 – Stigma 8a
PROMIS Pediatric Bank v1.1 – Stigma – Skin	PROMIS Parent Proxy Bank v1.0 – Stigma – Skin
PROMIS Pediatric Short Form v1.1 – Stigma – Skin 8a	PROMIS Parent Proxy Short Form v1.0 – Stigma – Skin 8a
PROMIS Pediatric Short Form v1.1 – Stigma – Skin 8b	PROMIS Parent Proxy Short Form v1.0 – Stigma – Skin 8b
PROMIS Pediatric Bank v1.0 – Stigma*	
PROMIS Pediatric Short Form v1.0 – Stigma 8a*	
PROMIS Pediatric Bank v1.0 – Stigma – Skin*	
PROMIS Pediatric Short Form v1.0 – Stigma – Skin 8a*	

*Retired measure

COMPARING SCORES ACROSS VERSIONS

Some PROMIS domains have multiple versions of instruments (i.e., v1.0, v1.1, v2.0). Generally, **it is recommended that you use the most recent version available which can be identified as the instrument with the highest version number.** In most cases, an instrument that has a decimal increase (v1.0 to v1.1) retains the same item-level parameters as well as instrument reliability and validity. In cases where a version number increases by a whole number (e.g., v1.0 to v2.0), the changes to the instrument are more substantial.

Pediatric and Parent Proxy

There are two versions (v1.0 and v1.1) of the PROMIS Stigma and Stigma – Skin instruments. Scores obtained from v1.0 and v1.1 instruments are comparable. The first version (v1.0) of the Stigma item bank included 18 items. The Stigma—Skin (v1.0) is an extension of the Stigma, which encompasses all of the Stigma items along with 6 additional items tailored specifically to skin-related concerns, resulting in a total of 24 items. One item included in the PROMIS Pediatric Bank v1.0 – Stigma, PROMIS Pediatric Short Form v1.0 – Stigma 8a, and PROMIS Pediatric Bank v1.0 – Stigma – Skin instruments was updated, resulting in the v1.1 measures. The affected item was not included in the PROMIS Pediatric Short Form v1.0 – Stigma – Skin 8a, so its content remained unchanged; however, the version number of this measure was updated from v1.0 to v1.1 to harmonize with the other Stigma set.

There is only one version (v1.0) of the Parent Proxy Stigma and Stigma—Skin instruments. Consequently, comparison of scores across versions is not relevant.

SCORING THE INSTRUMENT

Short Forms: PROMIS instruments are scored using item-level calibrations. This means that the most accurate way to score a PROMIS instrument is to use the HealthMeasures Scoring Service (https://www.assessmentcenter.net/ac_scoringervice) or a data collection tool that automatically calculates scores (e.g., REDCap auto-score). This method of scoring uses responses to each item for each participant. We refer to this as “response pattern scoring.” Because response pattern scoring is more precise than the use of raw score/scale score look up tables included in this manual, it is preferred. Response pattern scoring is especially useful when there is missing data (i.e., a respondent skipped an item), different groups of participants

responded to different items, or you have created a new short form using a subset of questions from a PROMIS item bank.

To use the scoring tables in this manual, calculate a summed score. Each question usually has five response options ranging in value from one to five. To find the total raw summed score for a short form with all questions answered, sum the values of the response to each question. For example, for the v1.1 Stigma 8-item short form, the lowest possible raw score is 8; the highest possible raw score is 40 (see all short form scoring tables in Appendix 1). **All questions must be answered in order to produce a valid score using the scoring tables.** If a participant has skipped a question, use the HealthMeasures Scoring Service (https://www.assessmentcenter.net/ac_scoring-service) to generate a final score.

With the total raw summed score for a measure, locate the applicable score conversion table in Appendix 1 and use this table to translate the total raw score into a T-score for each participant. The T-score rescales the raw score into a standardized score with a mean of 50 and a standard deviation (SD) of 10. Therefore, a person with a T-score of 40 is one SD below the mean. For example, for the PROMIS Pediatric v1.1 Stigma 8a short form, a raw score of 10 converts to a T-score of 40.4 with a standard error (SE) of 3.1 (see scoring table for the Pediatric v1.1 Stigma 8a short form in Appendix 1).

CAT: A minimum number of items (e.g., 4) must be answered in order to receive a score for the Stigma CAT. The response to the first item will guide the system's choice of the next item for the participant. The participant's response to the second item will dictate the selection of the following question, and so on. As additional items are administered, the potential for error is reduced and confidence in the respondent's score increases. The CAT will continue until either the standard error drops below a specified level (e.g., on the T-score metric 3.0), or the participant has answered the maximum number of questions (e.g., 8), whichever occurs first. For some CATs, specifically "recommended" and "screen-to-CAT" there are additional stopping rules. These include stopping when the standard error isn't improving much or if a respondent is asymptomatic. For details on the exact stopping rules for Stigma CATs, view the Measure Differences summary.

SCORES

For most PROMIS instruments, a score of 50 is the average for the United States general population with a standard deviation of 10 because calibration testing was performed on a large sample of the general population. However, for Stigma and Stigma – Skin, a score of 50 is the average for a sample of individuals with a chronic condition. You can read more about the calibration and centering samples on HealthMeasures.net (<http://www.healthmeasures.net/score-and-interpret/interpret-scores/promis>). The T-score is provided with an error term (Standard Error or SE). The Standard Error is a statistical measure of variance and represents the "margin of error" for the T-score.

Important: *A higher PROMIS T-score represents more of the concept being measured.* For negatively-worded concepts like Stigma and Stigma - Skin, a T-score of 60 is one SD worse than average. By comparison, a T-score of 40 is one SD better than average.

Standard Error (SE): A PROMIS score includes a T-score and a standard error (SE). The standard error is a measure of the variability for a given T-score across hypothetical repeated measurements. The standard error can be used to construct confidence intervals around a T-score. A 95% confidence interval is common. A 95% confidence interval means there is a 95% probability that the true T-score is within this range. The formula for a 95% confidence interval is $(T\text{-score} \pm (1.96 * SE))$. For example, if $T=52$ and $SE=2$, the lower boundary of the confidence interval is $(52 - (1.96 * 2)) = 48$ and the upper boundary is $(52 + (1.96 * 2)) = 56$.

FREQUENTLY ASKED QUESTIONS (FAQ)

Q: I am interested in learning more. Where can I do that?

Review the HealthMeasures website at www.healthmeasures.net.

Q: How do I handle multiple responses when administering a short form on paper?

Guidelines on how to deal with multiple responses have been established. Resolution depends on the responses noted by the research participant.

- If two or more responses are marked by the respondent, and they are next to one another, then a data entry specialist will be responsible for randomly selecting one of them to be entered and will write down on the form which answer was selected. Note: To randomly select one of two responses, the data entry specialist will flip a coin (heads - higher number will be entered; tails – lower number will be entered). To randomly select one of three (or more) responses, a table of random numbers should be used with a statistician's assistance.
- If two or more responses are marked, and they are NOT all next to one another, the response will be considered missing.

Q: What is the minimum change on a PROMIS instrument that represents a clinically meaningful difference?

To learn more about research on the meaning of a change in scores, we suggest conducting a literature review to identify the most current information. The HealthMeasures website (<http://www.healthmeasures.net/score-and-interpret/interpret-scores/promis>) has additional information on interpreting scores.

APPENDIX 1—SCORING TABLES

PROMIS Pediatric Short Form v1.1 – Stigma 8a		
<i>Short Form Conversion Table</i>		
Raw Summed Score	T-Score	SE*
8	33.5	5.1
9	38.3	3.5
10	40.4	3.1
11	42.2	2.6
12	43.6	2.4
13	44.8	2.2
14	45.8	2.1
15	46.8	2.0
16	47.7	1.9
17	48.5	1.9
18	49.3	1.9
19	50.2	1.9
20	51.0	1.9
21	51.8	1.9
22	52.6	1.9
23	53.5	1.9
24	54.3	2.0
25	55.2	2.0
26	56.0	2.0
27	56.9	2.0
28	57.8	1.9
29	58.6	1.9
30	59.5	1.9
31	60.4	1.9
32	61.3	1.9
33	62.2	1.9
34	63.1	1.9
35	64.1	2.0
36	65.2	2.1
37	66.4	2.2
38	67.9	2.4
39	69.8	2.8
40	73.6	4.1

*SE = Standard Error on T-score
metric

PROMIS Pediatric Short Form v1.1 – Stigma – Skin 8a		
<i>Short Form Conversion Table</i>		
Raw Summed Score	T-Score	SE*
8	35.3	5.2
9	40.6	3.1
10	42.6	2.7
11	44.2	2.3
12	45.5	2.1
13	46.6	1.9
14	47.5	1.8
15	48.4	1.8
16	49.2	1.8
17	50.0	1.8
18	50.8	1.8
19	51.6	1.8
20	52.4	1.8
21	53.2	1.8
22	54.0	1.8
23	54.8	1.8
24	55.6	1.8
25	56.5	1.8
26	57.3	1.8
27	58.1	1.8
28	59.0	1.8
29	59.8	1.8
30	60.6	1.8
31	61.5	1.8
32	62.3	1.8
33	63.2	1.8
34	64.1	1.8
35	65.0	1.8
36	66.0	1.9
37	67.2	2.0
38	68.6	2.3
39	70.4	2.6
40	74.2	4.0

*SE = Standard Error on T-score
metric

PROMIS Pediatric Short Form v1.1 – Stigma – Skin 8b		
<i>Short Form Conversion Table</i>		
Raw Summed Score	T-Score	SE*
8	32.6	5.1
9	37.3	3.7
10	39.4	3.3
11	41.2	3
12	42.7	2.7
13	43.9	2.5
14	45.1	2.4
15	46.1	2.2
16	47.1	2.2
17	48	2.1
18	48.9	2.1
19	49.8	2.1
20	50.6	2
21	51.5	2.1
22	52.3	2.1
23	53.2	2.1
24	54.1	2.1
25	54.9	2.1
26	55.8	2.1
27	56.7	2.1
28	57.6	2.1
29	58.5	2.1
30	59.4	2.1
31	60.3	2.1
32	61.2	2
33	62.2	2.1
34	63.1	2.1
35	64.2	2.1
36	65.3	2.2
37	66.6	2.3
38	68.1	2.5
39	70	2.9
40	73.9	4.2

*SE = Standard Error on T-score
metric

PROMIS Parent Proxy Short Form v1.0 – Stigma 8a		
<i>Short Form Conversion Table</i>		
Raw Summed Score	T-Score	SE*
8	31.8	5.1
9	36.3	3.7
10	38.5	3.3
11	40.4	2.8
12	42.0	2.6
13	43.3	2.4
14	44.5	2.2
15	45.5	2.1
16	46.6	2.1
17	47.5	2.1
18	48.5	2.0
19	49.4	2.0
20	50.3	2.1
21	51.3	2.1
22	52.3	2.1
23	53.2	2.1
24	54.2	2.1
25	55.3	2.1
26	56.3	2.1
27	57.3	2.1
28	58.3	2.1
29	59.3	2.1
30	60.4	2.1
31	61.4	2.0
32	62.3	2.0
33	63.3	2.0
34	64.4	2.0
35	65.4	2.1
36	66.6	2.1
37	67.9	2.3
38	69.4	2.5
39	71.4	2.9
40	75.0	4.1

*SE = Standard Error on T-score
metric

PROMIS Parent Proxy Short Form v1.0 – Stigma – Skin 8a		
<i>Short Form Conversion Table</i>		
Raw Summed Score	T-Score	SE*
8	33.1	5.1
9	37.8	3.4
10	40.1	3.0
11	42.0	2.6
12	43.4	2.3
13	44.7	2.2
14	45.8	2.1
15	46.8	2.0
16	47.7	2.0
17	48.7	2.0
18	49.6	2.0
19	50.5	2.0
20	51.5	2.0
21	52.4	2.1
22	53.4	2.1
23	54.4	2.1
24	55.4	2.1
25	56.4	2.1
26	57.4	2.1
27	58.3	2.1
28	59.3	2.1
29	60.3	2.0
30	61.3	2.0
31	62.2	2.0
32	63.1	2.0
33	64.0	2.0
34	65.0	2.0
35	66.0	2.1
36	67.1	2.1
37	68.4	2.3
38	69.9	2.5
39	71.7	2.9
40	75.3	4.1

*SE = Standard Error on T-score
metric

PROMIS Parent Proxy Short Form v1.0 – Stigma – Skin 8b		
Short Form Conversion Table		
Raw Summed Score	T-Score	SE*
8	31	5.1
9	35.4	3.8
10	37.7	3.4
11	39.6	3
12	41.1	2.8
13	42.5	2.6
14	43.7	2.4
15	44.9	2.3
16	45.9	2.2
17	46.9	2.2
18	47.9	2.2
19	48.9	2.1
20	49.8	2.2
21	50.8	2.2
22	51.8	2.2
23	52.8	2.2
24	53.8	2.2
25	54.8	2.2
26	55.7	2.2
27	56.7	2.2
28	57.7	2.2
29	58.7	2.2
30	59.7	2.2
31	60.7	2.1
32	61.7	2.1
33	62.8	2.1
34	63.8	2.1
35	64.9	2.2
36	66	2.2
37	67.3	2.4
38	68.9	2.6
39	70.8	3
40	74.5	4.2

*SE = Standard Error on T-score
metric

APPENDIX 2—SCORING TABLES FOR RETIRED MEASURES

PROMIS Pediatric Short Form v1.0 – Stigma 8a		
<i>Short Form Conversion Table</i>		
Raw Summed Score	T-Score	SE*
8	33.5	5.1
9	38.3	3.5
10	40.4	3.1
11	42.2	2.6
12	43.6	2.4
13	44.8	2.2
14	45.8	2.1
15	46.8	2.0
16	47.7	1.9
17	48.5	1.9
18	49.3	1.9
19	50.2	1.9
20	51.0	1.9
21	51.8	1.9
22	52.6	1.9
23	53.5	1.9
24	54.3	2.0
25	55.2	2.0
26	56.0	2.0
27	56.9	2.0
28	57.8	1.9
29	58.6	1.9
30	59.5	1.9
31	60.4	1.9
32	61.3	1.9
33	62.2	1.9
34	63.1	1.9
35	64.1	2.0
36	65.2	2.1
37	66.4	2.2
38	67.9	2.4
39	69.8	2.8
40	73.6	4.1

*SE = Standard Error on T-score
metric

PROMIS Pediatric Short Form v1.0 – Stigma – Skin 8a		
<i>Short Form Conversion Table</i>		
Raw Summed Score	T-Score	SE*
8	35.3	5.2
9	40.6	3.1
10	42.6	2.7
11	44.2	2.3
12	45.5	2.1
13	46.6	1.9
14	47.5	1.8
15	48.4	1.8
16	49.2	1.8
17	50.0	1.8
18	50.8	1.8
19	51.6	1.8
20	52.4	1.8
21	53.2	1.8
22	54.0	1.8
23	54.8	1.8
24	55.6	1.8
25	56.5	1.8
26	57.3	1.8
27	58.1	1.8
28	59.0	1.8
29	59.8	1.8
30	60.6	1.8
31	61.5	1.8
32	62.3	1.8
33	63.2	1.8
34	64.1	1.8
35	65.0	1.8
36	66.0	1.9
37	67.2	2.0
38	68.6	2.3
39	70.4	2.6
40	74.2	4.0

*SE = Standard Error on T-score
metric